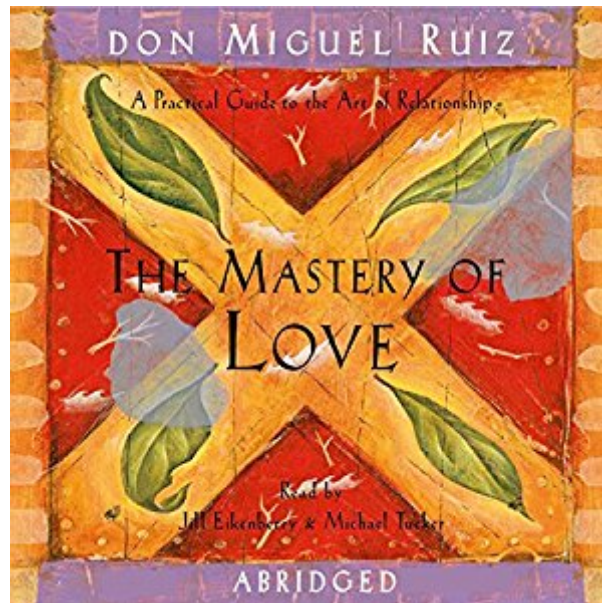




The book was found

The Mastery Of Love: A Practical Guide To The Art Of Relationship



Synopsis

In *The Mastery of Love*, don Miguel illuminates the fear-based beliefs and assumptions that undermine love and lead to suffering and drama in our relationships. Using insightful stories to bring his message to life, he shows us how to heal our emotional wounds, recover the freedom and joy that are our birthright, and restore the spirit of playfulness that is vital to loving relationships. Using teachings from the three Toltec Masteries (Awareness, Transformation, and Love) as a foundation, don Miguel brings to light the fallacies and misplaced expectations about love that permeate most relationships. He gracefully shares his wisdom through delightful and engaging stories that clarify each point and bring his message to life. --This text refers to the Kindle Edition edition.

Book Information

Audible Audio Edition

Listening Length: 2 hours and 33 minutes

Program Type: Audiobook

Version: Abridged

Publisher: Amber Allen Publishing Inc.

Audible.com Release Date: February 10, 2005

Language: English

ASIN: B0007RWWQG

Best Sellers Rank: #17 in Books > Politics & Social Sciences > Philosophy > Consciousness & Thought #21 in Books > Audible Audiobooks > Nonfiction > Philosophy #34 in Books > Audible Audiobooks > Religion & Spirituality > New Age & Occult

Customer Reviews

I have owned at least six copies of this book in the last ten years. It absolutely changed my internal metric for loving others and myself. My life has been so positively impacted by it that I have given a copy to every serious partner I have had, my mother, and my best friend. Everyone I know who reads this book finds a depth of wisdom and comfort in Ruiz perspective that they come away changed from the experience of absorbing the knowledge contained within. If you have ever reflected on or struggled with any intimacy issues, co-dependency, anger, self-hatred, or been called bitter/bitchy/etc. I highly recommend you read this masterpiece. It provides simultaneous insight into how to properly process the baggage we all carry and sometimes throw at others, as well as how to love in an artful, cultivated, conscious, and pure manner. Reading this book won't "fix" anything in yourself or life, but it will provide you with a radical perspective on how to love, how

to be loved, and how to handle your own emotions in a way that offers others your very best.

It's a self help book so before you go into it remind yourself that it doesn't have to be taken literal and in any case take away what you think is best. that being said, I love this book. I used to be critical on self help books for reasons I don't want to get into, but this book brought a fresh perspective in an aspect that gets warped by media and culture. In the end I would recommend it to those who want to be a little happier with their lives.

This is one of those books that puts everything we struggle with in relationships into simple terms and makes it feel like it's possible to truly change and create a more valuable life. Going through some challenging moments in life, I'm realizing I can pick this book up and it will ground me, calm me, and give me true perspective. I will always be a better human by practicing the ways of love. Highly and whole heartedly recommend. Enjoy!

Love this book, it's been writing so simple and yet reveals so many secrets on how to be happy and love and live your life to the fullest. A must read!!!!Aida

I studied psychology, have read many self-help books and have spent thousands of dollars on therapy yet this one book has transformed my life...literally overnight! It is a must read for every human on the planet.

This fabulous book is a way-shower! This is spiritual awakening book that is worth your time to read. I needs to be read more than once. I loved Miguel Ruiz's The Four Agreements, and I am truly loving this. I'm purchasing his other books soon!

I love reading anything by Don Miguel Ruiz because the message is always clear and simple. Life is always worth living and enjoying with the people you love. I feel I can take and leave certain things from his teachings and still find a common ground. I particularly enjoyed reading chapter 4 'The track of love; The track of fear' in which he says, that "Love has no obligations, fear is full of obligations." According to his teachings love free us from obligations because in love we desire to do things for others, while, in the track of fear, "whatever we do is because we have to do it, and we expect other people to do something because they have to do it". (p.59)

Wow, this is a very helpful book on how to feel about love, about myself and about others. Thank you so much Don Miguel Ruiz. So insightful. Today its so hard to know how to feel about things and this book has helped me. Much love to all who are seeking.

[Download to continue reading...](#)

The Mastery of Love: A Practical Guide to the Art of Relationship (Toltec Wisdom) The Mastery of Love: A Practical Guide to the Art of Relationship The Mastery of Love: A Practical Guide to the Art of Relationship (A Toltec Wisdom Book) Polyamory: The Practical Dater's Guide to the Pursuit and Maintenance of Open Relationships (Polyamory, Polyamorous, Relationship, Dating, Poly Relationship, Polyamory Dating, Open Relationships) Writing Mastery: How to Master the Art of Writing & Write 3,000 Words Per Day - Overcoming Writer's Block (Make Money Online, Copywriting, Erotica Writing, ... Writing Mastery, How to Write a Book) Guitar: Fretboard Mastery - An In-Depth Guide to Playing Guitar with Ease, Including Note Memorization, Music Theory for Beginners, Chords, Scales and Technical Exercises (Guitar Mastery Book 2) Sewing: Absolute Beginners Guide to Sewing with Speed, Creativity and Mastery (Sewing 101, Sewing Mastery) Radio Mastery for IFR Pilots: Everything You Need to Know to Talk to Air Traffic Control While Flying IFR (Radio Mastery for Pilots) Tony Robbins: 33 Life Mastery Lessons (Free "Morning Routine") (Motivate Yourself, Peak Performance, Build Confidence, Business Mastery, Success Principles, Life Coach, Mindset) Tony Robbins: 33 Life Mastery Lessons (Motivate Yourself, Peak Performance, Build Confidence, Business Mastery, Success Principles, Life Coach, Mindset) The Book of Mastery: The Mastery Trilogy: Book I Archery Mental Mastery: Archery Mental Mastery is a program designed to help you harness your own inner potential to allow archers to develop a winning mind-set. Mastery of Endoscopic and Laparoscopic Surgery (Soper, Mastery of Endoscopic and Laparoscopic Surgery) MMA Mastery: Flow Chain Drilling and Integrated O/D Training (MMA Mastery series) MMA Mastery: Strike Combinations (MMA Mastery series) Mastery of Vascular and Endovascular Surgery (Mastery of Vascular and Endovascular Surgery (Zelenock)) The Relationship Skills Workbook: A Do-It-Yourself Guide to a Thriving Relationship Master/slave Mastery -- Protocols: Focusing the intent of your relationship Aloha: Love, Suite Love/Fixed by Love/Game of Love/It All Adds Up to Love (Inspirational Romance Collection) Overcome Relationship Repetition Syndrome: Why We Continually Repeat Toxic Relationship Patterns

Contact Us

DMCA

Privacy

FAQ & Help